

# *“In thirty years of ministry, this is the most valuable continuing education I have ever taken.”*

## **THE NEED**

Our nation’s leadership is in crisis. Ministers, priests, rabbis—leaders in general—are resigning in record numbers. Many reach only a fraction of their potential. Many burn out. Churches, synagogues, and organizations are stuck in patterns of emotional intensity and ineffectiveness. Denominations shrink and businesses downsize.

### *What is the problem?*

*Nothing in the training of clergy or other leaders prepares them to understand or deal with the emotional side of congregations and organizations.*

## **EXTRAORDINARY LEADERSHIP CAN BE LEARNED**

*Extraordinary Leadership Seminars* provide clergy and all leaders with an understanding of the emotional side of organizations and guidelines for managing themselves in the emotional chaos that is present.

*Extraordinary Leadership Seminars* are based on Bowen family systems theory developed by Dr. Murray Bowen.

While begun for clergy leadership, others are taking advantage of the seminars in increasing numbers. The seminars offer didactic teaching, group, and individual coaching.

The seminars have been extremely effective in helping people to understand and move effectively in their personal, family, and organizational systems.

## **OFT-HEARD PARTICIPANT COMMENTS**

“Thank you for opening the door to a new way of being in the world.” . . . “In thirty years of ministry, this is the most valuable continuing education I have ever taken.” . . . “My congregation is a different congregation. Chaos and bickering has disappeared and people are positively engaged in different ministries.” . . . “A life-changing seminar.”

## **KEY SEMINAR CONCEPTS:**

- Organizations as emotional systems and what that means
- High-level v. low-level leadership
- Putting theory into practice.
- The importance of the heritage of an organization and family.
- The transforming effect of living system theory.
- The challenges of today’s society
- Leaders as relationship masters.

## **TYPICAL SITUATIONS BROUGHT TO COACHING:**

- The non-functioning congregation or leader
- The stirred-up, anxious congregation or leader
- The conflicted organization or leader
- The “Clergy-Killer” phenomenon
- Family disruptions, disturbances
- How our own family experience and current situations impact our leadership

## **WHO SHOULD PARTICIPATE?**

The seminar is tailored for clergy of all denominations and faiths. Others in leadership positions are welcome.

- Clergy in Congregations
- Executive Clergy
- Pastors-in-training and lay leaders
- Leaders of any organization
- Therapists
- Educators

## **FORMAT**

Nine days from 9:30 to 5:00 each year feature didactic training and discussions in the morning, video at lunch, and group coaching in the afternoon. Five individual coaching sessions are included. Three year rotating curriculum can be entered in any year. One year commitment at a time.

## **THE FACULTY IS UNIQUE:**

Their ability to make theory accessible, their interest in society and their enthusiasm for the pivotal place of the clergy make them especially gifted leaders for *Extraordinary Leadership Seminars*.

### **Roberta M. Gilbert, M.D. Director**

Dr. Gilbert, who developed and directs the seminars, is a psychiatrist whose specialty is Bowen family systems theory. She is founding director of the Center for the Study of Human Systems and is on the faculty of the Bowen Center for the Study of the Family. She is the author of three books on Bowen theory: *Extraordinary Relationships*, *Connecting With Our Children*, *The Eight Concepts of Bowen Theory*, *Extraordinary Leadership*, and *The Cornerstone Concept*

**Kathleen Cotter Cauley, M.Ed.**, brings many years of coaching and teaching experience in Bowen theory. Her years in Catholic Charities as well as on diocesan boards fit her well for the seminar.

**Rev. Kenton Derstine, M.A.**, is a professor in the seminary at Eastern Mennonite University. His years of study, practice and coaching of Bowen theory, as well as his clergy placement and CPE position at the seminary give him a special interest in and talent for the work of the seminar.

**D. Scott Hargrove, Ph.D.**, is a psychologist and ordained Presbyterian minister. He is former chairperson of the Department of Psychology at the University of Mississippi and currently is Kulynych/Cline Distinguished Professor of Psychology at Appalachian State University.

**Anne Curran, MSW, LCSW**, has studied Bowen theory for many years. She is a lay leader in her denomination. Over the years, she has been sought out for her understanding of and skills in coaching clergy.

*“The work in family systems theory has given me hope of staying on as a pastor.”*

## REGISTRATION – 2009-2010

**Winchester, VA at Shenandoah University**

Monthly meetings from 9:30am to 5:00pm.

Oct. 6, 2009 Jan. 12, 2010 Apr. 6, 2010

Nov. 3, 2009 Feb. 2, 2010 May 4, 2010

Dec. 1, 2009 Mar. 2, 2010 May 25, 2010

**Richmond, VA at Roslyn** – 3 days, 3 times per

year with meetings on days 1 and 2 from 9:am to

5:00pm and on day 3 from 9:00am to 3:00pm.

Oct. 20-22, '09 Feb. 09-11, '10 May 18-20, '10

**Advanced Seminar in Winchester, VA**

Meeting from 9:30am to 5:00pm.

Sept. 08, 2009 Mar. 09, 2010

Dec. 08, 2009 Jun. 01, 2010

*Fees (best estimate, subject to change):*

**Extraordinary Leadership Seminar \$2000**

Due before first session meets

Roslyn Center room/board charge is **\$1025**

**Advanced E.L. Seminar \$550**

(three years ELS a prerequisite)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_

(w) \_\_\_\_\_ (c) \_\_\_\_\_

Email: \_\_\_\_\_

Mail this form with \$200 for E.L.S. (\$100 for Advanced E.L.S.) (nonrefundable but deductible from total tuition) registration fee now.

To: Ms. Pat Elliott, Registrar  
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Falls Church, VA 22046  
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# Extraordinary

# Leadership

# Seminars

## 2009-2010

Shenandoah University  
Winchester VA

&

Roslyn Conference Center  
Richmond VA



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**MAIL BEFORE SEPTEMBER 1, 2009**